

FWS001 Pec Dec Fly



SPECIFICATION

- Product Code : FWS001
- Dimensions : W 1645mm / L 1200mm / H 1935mm
- Weight : 241kg

FEATURE

- Exercise trajectory suitable for back deltoid and medial pectoralis major training
- Seat with gas-assisted height adjustment
- 6mm High-strength Urethane wire for durability and smooth feeling of movement
- Ø30UR shaft bearing for smooth, flexible and stable machine
- Cam to ensure optimum load tension
- Dual system performing two kinds of operation according to grip and posture
- Seat with Polyurethane to prevent cracking, pressing and abrading
- Cup holder and cell phone holder for convenience

FWS002 Lat Pull down



SPECIFICATION

- Product Code : FWS002
- Dimensions : W 1220mm / L 1255mm / H 2150mm
- Weight : 223kg

FEATURE

- Exercise trajectory suitable for back muscles training using various grips
- 6mm High-strength Urethane wire for durability and smooth feeling of movement
- Parts holder for convenient storage
- Seat with Polyurethane to prevent cracking, pressing and abrading
- Cup holder and cell phone holder for convenience

FWS003 Seated Row



SPECIFICATION

- Product Code : FWS003
- Dimensions : W 1270mm / L 1300mm / H 1420mm
- Weight : 215kg

FEATURE

- Exercise trajectory suitable for latissimus dorsi, teres major, trapezius training
- Seat with gas-assisted height adjustment
- 6mm High-strength Urethane wire for durability and smooth feeling of movement
- Ø30UR shaft bearing for smooth, flexible and stable machine
- Independent lever for balanced muscle strength
- Stainless steel footboard
- Seat with Polyurethane to prevent cracking, pressing and abrading
- Cup holder and cell phone holder for convenience

FWS004 Chest Press



SPECIFICATION

- Product Code : FWS004
- Dimensions : W 1380mm / L 1575mm / H 1420mm
- Weight : 267kg

FEATURE

- Exercise trajectory suitable for pectoralis major training
- Seat with gas-assisted height adjustment
- 6mm High-strength Urethane wire for durability and smooth feeling of movement
- Ø30UR shaft bearing for smooth, flexible and stable machine
- Independent lever for balanced muscle strength
- Stainless steel footboard
- Seat with Polyurethane to prevent cracking, pressing and abrading
- Cup holder and cell phone holder for convenience

FWS005 Shoulder Press



SPECIFICATION

- Product Code : FWS005
- Dimensions : W 1415mm / L 1430mm / H 1420mm
- Weight : 235kg

FEATURE

- Exercise trajectory suitable for deltoid training
- Seat with gas-assisted height adjustment
- 6mm High-strength Urethane wire for durability and smooth feeling of movement
- Ø30UR shaft bearing for smooth, flexible and stable machine
- Rod end 20R Shockproof Bearing for durability
- Grips available in different way
- Seat with Polyurethane to prevent cracking, pressing and abrading
- Cup holder and cell phone holder for convenience

FWS006 Arm Curl



SPECIFICATION

- Product Code : FWS006
- Dimensions : W 985mm / L 1365mm / H 1420mm
- Weight : 195kg

FEATURE

- Exercise trajectory suitable for biceps and brachial training
- Seat with gas-assisted height adjustment
- 6mm High-strength Urethane wire for durability and smooth feeling of movement
- Ø30UR shaft bearing for smooth, flexible and stable machine
- Cam to ensure optimum load tension
- Rotating handle for natural grip
- Seat with Polyurethane to prevent cracking, pressing and abrading
- Cup holder and cell phone holder for convenience

FWS008 Pull Over



SPECIFICATION

- Product Code : FWS008
- Dimensions : W 1180mm / L 1645mm / H 1420mm
- Weight :

FEATURE

- Exercise trajectory suitable for pectoralis major and back muscles training
- Seat with gas-assisted height adjustment
- 6mm High-strength Urethane wire for durability and smooth feeling of movement
- Ø30UR shaft bearing for smooth, flexible and stable machine
- Cam to ensure optimum load tension
- Foot lever to help you start exercising
- Seat with Polyurethane to prevent cracking, pressing and abrading
- Cup holder and cell phone holder for convenience

FWS009 Standing Multi Flight



SPECIFICATION

- Product Code : FWS009
- Dimensions : W 1015mm / L 1150mm / H 1883mm
- Weight : 274kg

FEATURE

- Exercise trajectory suitable for deltoid and pectoralis major training
- Footboard with gas-assisted height adjustment
- 6mm High-strength Urethane wire for durability and smooth feeling of movement
- Ø30UR shaft bearing for smooth, flexible and stable machine
- Cam to ensure optimum load tension
- Visualizing Joint center for intensive training
- Dual system performing two kinds of operation according to grip and posture
- Seat with Polyurethane to prevent cracking, pressing and abrading
- Cup holder and cell phone holder for convenience

FWS010 Assist Chin & Dip



SPECIFICATION

- Product Code : FWS010
- Dimensions : W 1125mm / L 1180mm / H 2220mm
- Weight : 273kg

FEATURE

- Exercise trajectory suitable for pectoralis major and back muscles training
- 6mm High-strength Urethane wire for durability and smooth feeling of movement
- Grips available in different way
- Stainless steel footboard
- Parallel handles adjustable to different widths
- Seat with Polyurethane to prevent cracking, pressing and abrading
- Cup holder and cell phone holder for convenience

FWS011 Abdominal



SPECIFICATION

- Product Code : FWS011
- Dimensions : W 1280mm / L 1460mm / H 1460mm
- Weight :

FEATURE

- Exercise trajectory suitable for abdominal muscles training
- Seat with gas-assisted height adjustment
- 6mm High-strength Urethane wire for durability and smooth feeling of movement
- Ø30UR shaft bearing for smooth, flexible and stable machine
- Cam to ensure optimum load tension
- Seat with Polyurethane to prevent cracking, pressing and abrading
- Cup holder and cell phone holder for convenience

FWS012 Leg Extension



SPECIFICATION

- Product Code : FWS012
- Dimensions : W 915mm / L 1100mm / H 1420mm
- Weight : 233kg

FEATURE

- Exercise trajectory suitable for quadriceps training
- Leg Pad with height adjustment for fitting one's body
- 6mm High-strength Urethane wire for durability and smooth feeling of movement
- Ø30UR shaft bearing for smooth, flexible and stable machine
- Cam to ensure optimum load tension
- Visualizing Joint center for intensive training
- Seat with Polyurethane to prevent cracking, pressing and abrading
- Cup holder and cell phone holder for convenience

FWS013 Lying Leg Curl



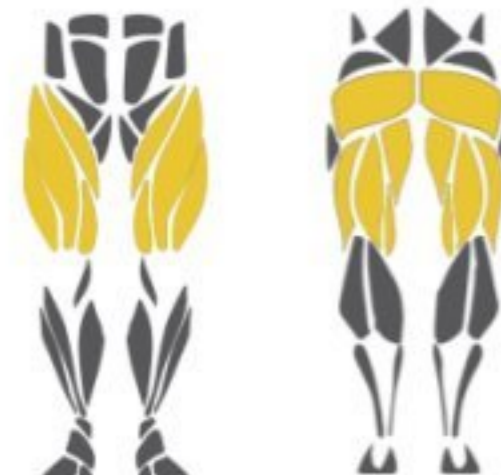
SPECIFICATION

- Product Code : FWS013
- Dimensions : W 860mm / L 1555mm / H 1420mm
- Weight : 210kg

FEATURE

- Exercise trajectory suitable for hamstring training
- Leg Pad with height adjustment for fitting one's body
- 6mm High-strength Urethane wire for durability and smooth feeling of movement
- Ø30UR shaft bearing for smooth, flexible and stable machine
- Cam to ensure optimum load tension
- Visualizing Joint center for intensive training
- Seat with Polyurethane to prevent cracking, pressing and abrading
- Cup holder and cell phone holder for convenience

FWS014 Leg Press



SPECIFICATION

- Product Code : FWS014
- Dimensions : W 975mm / L 1712mm / H 1625mm
- Weight : 345kg

FEATURE

- Exercise trajectory suitable for quadriceps, hamstring, gluteus training
- 6mm High-strength Urethane wire for durability and smooth feeling of movement
- Linear sliding system with the a constant load on the wheel
- Roller for smooth feeling of movement
- Seat with Polyurethane to prevent cracking, pressing and abrading
- Cup holder and cell phone holder for convenience

FWS015 Inner Outer Thigh



SPECIFICATION

- Product Code : FWS015
- Dimensions : W 975mm / L 1565mm / H 1420mm
- Weight : 232kg

FEATURE

- Exercise trajectory suitable for adductor, abductor, gluteus training
- 6mm High-strength Urethane wire for durability and smooth feeling of movement
- Ø30UR shaft bearing for smooth, flexible and stable machine
- Cam to ensure optimum load tension
- Dual system performing two kinds of training
- Seat with Polyurethane to prevent cracking, pressing and abrading
- Cup holder and cell phone holder for convenience

FWS019 Hip Thrust



SPECIFICATION

- Product Code : FWS019
- Dimensions : W 1090mm / L 1635mm / H 1420mm
- Weight : 250kg

FEATURE

- Exercise trajectory suitable for gluteus and lumbar muscles training
- Seat with height adjustment for fitting one's body
- 6mm High-strength Urethane wire for durability and smooth feeling of movement
- Ø30UR shaft bearing for smooth, flexible and stable machine
- Seat with Polyurethane to prevent cracking, pressing and abrading
- Cup holder and cell phone holder for convenience

FWS021 Single Pulley



SPECIFICATION

- Product Code : FWS021
- Dimensions : W 1300mm / L 1340mm / H 2140mm
- Weight : 208kg

FEATURE

- A variety of training is possible using assistive equipment
- 6mm High-strength Urethane wire for durability and smooth feeling of movement
- Minimize handle vibrations using pins with locking features
- Rotating dual grip with step-by-step height adjustment
- Cup holder and cell phone holder for convenience

FWS030 Power Low Pulley



SPECIFICATION

- Product Code : FWS030
- Dimensions : W 1027mm / L 2090mm / H 2152mm
- Weight : 250kg

FEATURE

- Exercise trajectory suitable for back muscles training
- Stainless steel footboard with height adjustment for fitting one's body
- 6mm High-strength Urethane wire for durability and smooth feeling of movement
- Parts holder for convenient storage
- Dual system performing two kinds of training
- Seat with Polyurethane to prevent cracking, pressing and abrading
- Cup holder and cell phone holder for convenience

FWS031 Dual Pulley



SPECIFICATION

- Product Code : FWS031
- Dimensions : W 1670mm / L 1330mm / H 2200mm
- Weight :

FEATURE

- Various exercises are possible depending on the target muscle
- 1:4 load ratio for low initial resistance and high speed movement
- 6mm High-strength Urethane wire for durability and smooth feeling of movement
- Parts holder for convenient storage
- Minimize handle vibrations using pins with locking features
- Rotating grips with step-by-step height adjustment
- Multi chinning bars for pull-up exercise

FWS032 Cable Cross Over



SPECIFICATION

- Product Code : FWS032
- Dimensions : W 1120mm / L 3910mm / H 2200mm
- Weight :

FEATURE

- Various exercises are possible depending on the target muscle
- Cable crossing providing constant resistance
- 6mm High-strength Urethane wire for durability and smooth feeling of movement
- Parts holder for convenient storage
- Minimize handle vibrations using pins with locking features
- Rotating grips with step-by-step height adjustment
- Multi chinning bars for pull-up exercise
- Cup holder and cell phone holder for convenience

FWS033 Multi Jungles



SPECIFICATION

- Product Code : FWS033
- Dimensions :
- Weight :

FEATURE

- Various exercises are possible depending on the target muscle
- Multistations for up to 9 people
- 6mm High-strength Urethane wire for durability and smooth feeling of movement
- Parts holder for convenient storage
- Multi chinning bars for pull-up exercise