

FWF001 Olympic Bench



SPECIFICATION

- Product Code : FWF001
- Dimensions : W 1570mm / L 1715mm / H 1205mm
- Weight :

FEATURE

- Bench to assist upper body training
- Provides reliable support for safe exercise on a flat bench
- Seats optimized for different body types
- 2-stage barbell holder for safety
- Light and sturdy structural design using precision-processed pipes
- Weight holders with stylish cover to prevent a scratch and rust
- Seat with Polyurethane to prevent cracking, pressing and abrading

FWF001-2 Aid Olympic Flat Bench



SPECIFICATION

- Product Code : FWF001-2
- Dimensions : W 1570mm / L 1715mm / H 1205mm
- Weight :

FEATURE

- Bench to assist upper body training
- Provides reliable support for safe exercise on a flat bench
- Barbell holder that can be moved forward to prevent injury during high weight training
- Seats optimized for different body types
- 2-stage barbell holder for safety
- Light and sturdy structural design using precision-processed pipes
- Weight holders with stylish cover to prevent a scratch and rust
- Seat with Polyurethane to prevent cracking, pressing and abrading

FWF002 Olympic Incline Bench



SPECIFICATION

- Product Code : FWF002
- Dimensions : W 1570mm / L 1795mm / H 1285mm
- Weight :

FEATURE

- Bench to assist upper body training
- Provides reliable support for safe exercise on a incline bench
- Seats optimized for different body types
- 2-stage barbell holder for safety
- Light and sturdy structural design using precision-processed pipes
- Weight holders with stylish cover to prevent a scratch and rust
- Seat with Polyurethane to prevent cracking, pressing and abrading

FWF002-2 Aid Olympic Incline Bench



SPECIFICATION

- Product Code : FWF002-2
- Dimensions : W 1570mm / L 1795mm / H 1285mm
- Weight :

FEATURE

- Bench to assist upper body training
- Provides reliable support for safe exercise on a incline bench
- Barbell holder that can be moved forward to prevent injury during high weight training
- Seats optimized for different body types
- 2-stage barbell holder for safety
- Light and sturdy structural design using precision-processed pipes
- Weight holders with stylish cover to prevent a scratch and rust
- Seat with Polyurethane to prevent cracking, pressing and abrading

FWF004 Flat Bench



SPECIFICATION

- Product Code : FWF004
- Dimensions : W 715mm / L 1325mm / H 420mm
- Weight : 25kg

FEATURE

- Effective for personal training using barbells or dumbbells
- Seats optimized for different body types
- Equipped with handle and wheels for easy movement
- Light and sturdy structural design using precision-processed pipes
- Seat with Polyurethane to prevent cracking, pressing and abrading

FWF006 Multi Bench



SPECIFICATION

- Product Code : FWF006
- Dimensions : W 715mm / L 1420mm / H 450mm
- Weight : 50kg

FEATURE

- Effective for personal training using barbells or dumbbells
- Seats optimized for different body types
- Minimize vibrations using pins with locking features
- The angle can be changed step by step from 90° to 180°
- Equipped with handle and wheels for easy movement
- Light and sturdy structural design using precision-processed pipes
- Seat with Polyurethane to prevent cracking, pressing and abrading

FWF006-2 Multi Purpose Bench



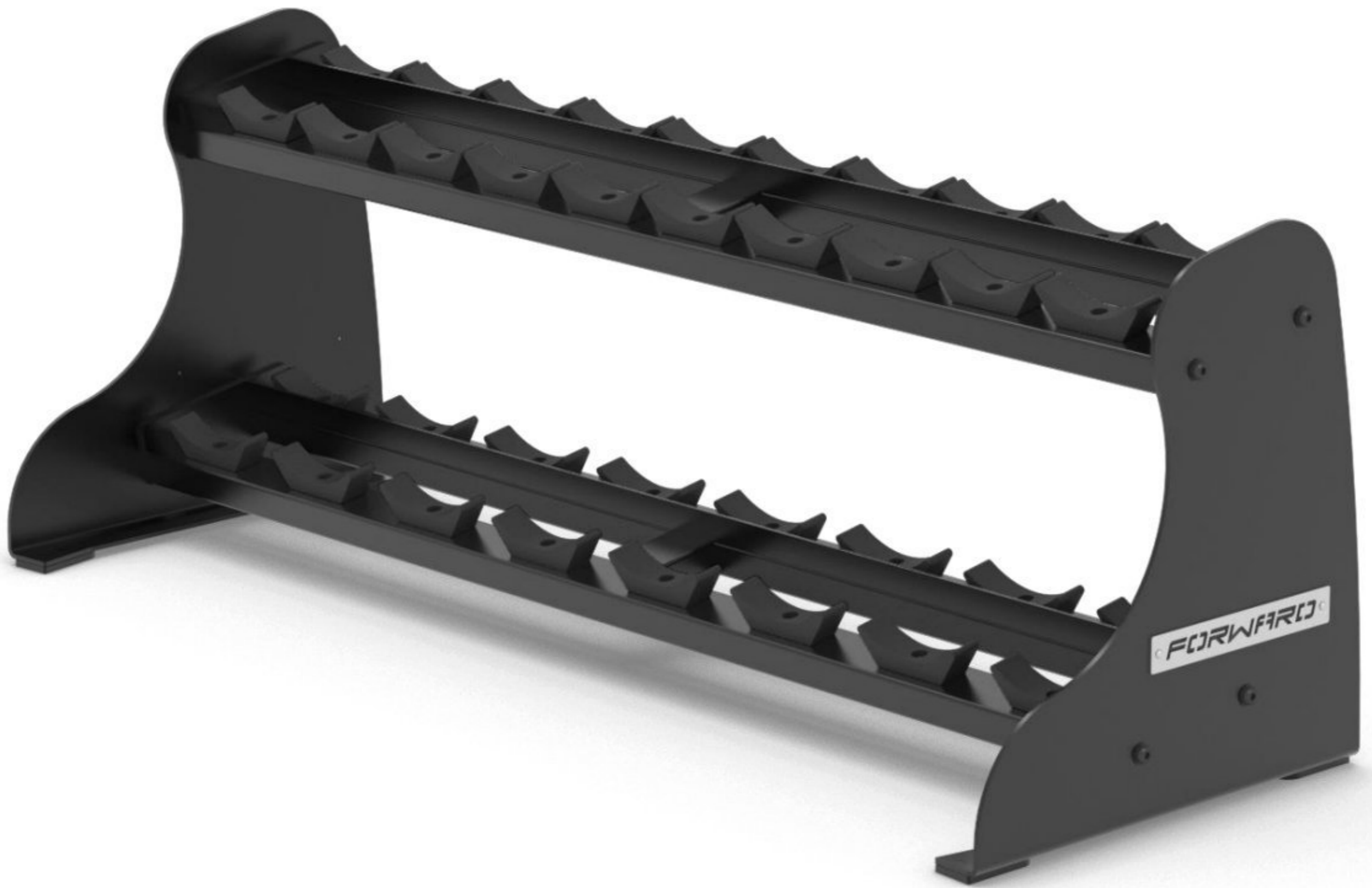
SPECIFICATION

- Product Code : FWF006-2
- Dimensions : W 715mm / L 1505mm / H 1035mm
- Weight : 50kg

FEATURE

- Effective for personal training using barbells or dumbbells
- 6-step angle changeable
- Stainless steel footboard
- Minimize vibrations using pins with locking features
- Equipped with handle and wheels for easy movement
- Light and sturdy structural design using precision-processed pipes
- Seat with Polyurethane to prevent cracking, pressing and abrading

FWF013 Dumbbell Rack 2



SPECIFICATION

- Product Code : FWF013
- Dimensions : W 1735mm / L 625mm / H 660mm
- Weight : 87kg

FEATURE

- Rack to organize and store dumbbells according to weight

FWF013 Dumbbell Rack 3



SPECIFICATION

- Product Code : FWF013-2
- Dimensions : W 1735mm / L 840mm / H 970mm
- Weight : 130kg

FEATURE

- Rack to organize and store dumbbells according to weight

FWF018 Assist Dumbbell Rack



SPECIFICATION

- Product Code : FWF018
- Dimensions : W 965mm / L 1060mm / H 1220mm
- Weight : 92kg

FEATURE

- Machine to assist in dumbbell training easily without preparatory action
- Dumbbell holder with height adjustable to fit the user's height
- Stainless steel footboard
- Minimize vibrations using pins with locking features
- With less energy consumed during the preparation process, you can train intensively in your desired position.

FWF019 Barbell Rack 1



SPECIFICATION

- Product Code : FWF019
- Dimensions : W 845mm / L 815mm / H 1295mm
- Weight :

FEATURE

- Rack to organize and store barbells according to weight

FWF019-2 Barbell Rack 2 (double sided)



SPECIFICATION

- Product Code : FWF019-2
- Dimensions : W 845mm / L 815mm / H 1295mm
- Weight : 63kg

FEATURE

- Rack to organize and store barbells according to weight

FWF021 Smith Machine (Vertical)



SPECIFICATION

- Product Code : FWF021
- Dimensions : W 2210mm / L 1265mm / H 2200mm
- Weight : 181kg

FEATURE

- A variety of training is possible using assistive equipment
- High-strength elastic springs for shock absorption and noise reduction
- Barbell holder with hairline processing to prevent abrading
- Minimize slide noise by using urethane rollers
- Simple exterior design without external exposure and balance weight inside the pipe
- Weight holders with stylish cover to prevent a scratch and rust

FWF022 Smith Machine (Angled)



SPECIFICATION

- Product Code : FWF022
- Dimensions : W 2210mm / L 1295mm / H 2215mm
- Weight : 187kg

FEATURE

- A variety of training is possible using assistive equipment
- High-strength elastic springs for shock absorption and noise reduction
- Barbell holder with hairline processing to prevent abrading
- Minimize slide noise by using urethane rollers
- Simple exterior design without external exposure and balance weight inside the pipe
- Weight holders with stylish cover to prevent a scratch and rust

FWF024 Half Rack



SPECIFICATION

- Product Code : FWF024
- Dimensions : W 1535mm / L 1250mm / H 2215mm
- Weight : 151kg

FEATURE

- A variety of training is possible using assistive equipment
- Signature Footrest Connections
- Stainless steel parts holder
- Pin usable for band
- Weight holders with stylish cover to prevent a scratch and rust
- Select the sling belt type catcher bar option
(cost incurred when changing or adding the basic catcher bar)

FWF025 Multi Power Rack



SPECIFICATION

- Product Code : FWF025
- Dimensions : W 2210mm / L 1870mm / H 2240mm
- Weight : 290kg

FEATURE

- A variety of training is possible using assistive equipment
- Signature Footrest Connections
- Stainless steel parts holder
- High-strength elastic springs for shock absorption and noise reduction
- Barbell holder with hairline processing to prevent abrading
- Minimize slide noise by using urethane rollers
- Simple exterior design without external exposure and balance weight inside the pipe
- Pin usable for band
- Weight holders with stylish cover to prevent a scratch and rust
- Select the sling belt type catcher bar option
(cost incurred when changing or adding the basic catcher bar)

FWF026 Bench Smith Chest & Decline Dual



SPECIFICATION

- Product Code : FWF026
- Dimensions :
- Weight :

FEATURE

- Exercise trajectory suitable for central and lower training of the pectoralis major
- Minimize vibrations using pins with locking features
- Linear sliding system with the a constant load on the wheel
- Aluminum Counterbalance to reduce the loaded weight
- Dual system that allows you to do two exercises depending on your settings
- Pin usable for band
- Weight holders with stylish cover to prevent a scratch and rust
- Seat with Polyurethane to prevent cracking, pressing and abrading
- Cup holder and cell phone holder for convenience

FWF027 Bench Smith Shoulder & Incline Dual



SPECIFICATION

- Product Code : FWF027
- Dimensions :
- Weight :

FEATURE

- Exercise trajectory suitable for deltoid and upper pectoralis major training
- 27 positions, 11 angle adjustable slide seats
- Minimize vibrations using pins with locking features
- Linear sliding system with the a constant load on the wheel
- Aluminum Counterbalance to reduce the loaded weight
- Dual system that allows you to do two exercises depending on your settings
- Pin usable for band
- Weight holders with stylish cover to prevent a scratch and rust
- Seat with Polyurethane to prevent cracking, pressing and abrading
- Cup holder and cell phone holder for convenience